



Monday	Tuesday	Wednesday	Thursday	Friday
				<p>Bag Breakfast</p> <p>ZZ Bar Birthday Cake Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>1</p>
<p>Bag Breakfast</p> <p>Cocoa Puffs Cereal Bar Animal Grahams Mixed Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>4</p>	<p>Bag Breakfast</p> <p>ZZ Blueberry Lemon Bar Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>5</p>	<p>Bag Breakfast</p> <p>Cinnamon Goldfish Cracker Fresh Apple Dannon Nonfat Creamy Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>6</p>	<p>Bag Breakfast</p> <p>Double ChocolateChipMuffin Vanilla Goldfish Raisins 100 % Juice 1% White Milk or 1% Chocolate Milk</p> <p>7</p>	<p>Bag Breakfast</p> <p>Cinnamon Chex Cereal Animal Grahams Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>8</p>
<p>Bag Breakfast</p> <p>Raisin Bran Cereal WG Animal Grahams Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>11</p>	<p>Bag Breakfast</p> <p>ZZ Cinnamon Crisp Bar Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>12</p>	<p>Bag Breakfast</p> <p>WG Bagel with Cream Cheese Fresh Apple 1% White Milk or 1% Chocolate Milk</p> <p>13</p>	<p>Bag Breakfast</p> <p>WG Frosted Cinnamon Poptart Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>14</p>	<p>Bag Breakfast</p> <p>Lucky Charms Cereal WG Goldfish Graham Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>15</p>
<p>Bag Breakfast</p> <p>Frosted Flakes Vanilla Godfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>18</p>	<p>Bag Breakfast</p> <p>ZZ Strawberry Crisp Bar Pear Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>19</p>	<p>Bag Breakfast</p> <p>Cinnamon Goldfish Cracker Fresh Apple Dannon Nonfat Creamy Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>20</p>	<p>Bag Breakfast</p> <p>Trix Cereal Bar Animal Grahams Mandarin Orange Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>21</p>	<p>Bag Breakfast</p> <p>Apple Roll Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>22</p>
<p>25 No School</p>	<p>26 No School</p>	<p>27 No School</p>	<p>28 No School</p>	<p>29 No School</p>



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Thought for Thought

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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"or." = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk available daily.



****Menu Subject to Change****